OCCUPATIONAL MEDICAL FACILITIES

MANDATED POSTER BY THE STATE OF CALIFORNIA



In case of workplace injury, first notify your supervisor Call 911 if the injury or illness is an emergency

San Diego Unified School District has arranged for medical care to be provided at the specialized work related injuries/illness occupational medical facilities listed below. No appointment is necessary. Inform the medical facility that you are a SDUSD employee and request that they send medical reports and billing to Sedgwick Claims Management Services.

In the event of a serious injury/illness of an employee: CALL CalOSHA at (619) 767-2280 within 8 hours of the accident.

Serious injury/illness is defined as any injury/illness occurring in a place of employment, or in connection with any employment, which requires inpatient hospitalization for a period in excess of 24 hours for other than medical observation, or in which an employee suffers a loss of any member of body, or suffers any serious degree of permanent disfigurement. Failure to report to CalOSHA may result in a fine of up to \$5,000 to the site.

MISSION VALLEY/ HILLCREST

UCSD MEDICAL CENTER HILLCREST

330 Lewis Street, Ste 100 San Diego CA, 92103 (619) 471-9250 8:00 am - 4:15 pm

UCSD MEDICAL HOSPITAL HILLCREST

*<u>After Hours Care</u> 200 W. Arbor Drive, San Diego CA, 92103 **(858) 657-7000**

CONCENTRA

3930 Fourth Ave, Ste 200 San Diego CA, 92103 (619) 297-9610 7:00 am - 6:00 pm

CONCENTRA

5333 Mission Center Rd, Ste 100 San Diego CA, 92108 (619) 295-3355 8:00 am - 5:00 pm

WORK PARTNERS-MISSION VALLEY

7485 Mission Valley Rd #100 San Diego CA, 92108 **(619) 900-1330** 8:00 am - 6:00 pm

CLAIREMONT / KEARNY MESA

CONCENTRA (Open 24/7) 5575 Ruffin Rd., Ste 100

San Diego CA 92123 (858) 277-2744

SHARP REES- STEALY GENESSE

2020 Genesee Avenue San Diego CA, 92123 (858) 616-8400 8:00 am - 4:00 pm

SHARP HOSPITAL/EMERGENCY SERVICES

(No MD on Thursday after 12:00 pm)

7901 Frost St San Diego CA, 92123 (858) 939-3400 24 hours a day, 7 days a week

KAISER ON-THE-JOB CLAIREMONT MESA

MEDICAL OFFICES

6911 Convoy Court San Diego,CA 92111 (833)-242-8500

Mon- Fri: 9:00 am- 5:00 pm

KAISER EMERGENCY/HOSPITAL SERVICES

9455 Clairemont Mesa Blvd San Diego CA, 92123 (858)-266-5000 24 hours a day, 7 days a week

SOUTH BAY COUNTY

WORK PARTNERS

1510 Sweetwater Road National City CA, 91950 (619) 552-2870

Mon- Fri: 7:00 am - 6:30 pm Sat: 8:00 am - 2:30 pm

Akeso Occupational

444 West 8th St National City CA, 91950 (619)474-8666 6:30 am- 7:30 pm Open Weekends

CONCENTRA

542 Broadway, Ste G Chula Vista CA, 91910 (619) 425-8212

Mon- Fri: 8:00 am - 5:00 pm Sat: 9:00 am - 2:00 pm

CONCENTRA

102Mile of Cars Way National City CA, 91950 (619) 474-9211 7:00 am - 6:00 pm

SHARP REES- STEALY Chula Vista

525 3rd Ave, Chula Vista CA, 91910 (619) 585-4050 8:00 am - 4:30 pm

California Retina Associates

835 3rd Ave STE A Chula Vista, CA 91910 (619)-425-7755

After Hours Urgent Care

(619) 585-4000

Hours: 8:00 am - 8:00 pm

LA MESA /EAST COUNTY

CONCENTRA

9745 Prospect Ave, Ste 100 Santee CA, 92071 (619) 448-4841

7:00 am - 4:00 pm

CONCENTRA

7862 El Cajon Blvd. La Mesa, CA 91942 (619) 697-3093

Mon- Fri: 8:00 am - 5:00 pm

SHARP REES-STEALY LA MESA

5525 Grossmont Center Dr (5th floor) La Mesa CA, 91942 (619) 644-6600 8:00 am - 5:00 pm

*AFTER HOURS URGENT CARE

Santee Urgent Care 8701 Cuyamaca St Santee CA, 92071 (1st Floor) (619) 568-8025

8:00 am - 8:00 pm

NORTH COUNTY

KAISER ON-THE-JOB SAN MARCOS MEDICAL OFFICES

400 Craven Road Building 1, 2nd Floor San Marcos CA, 92078

(833)-242-8500

Mon-Fri: 9:00 am - 5:00 pm

SAN MARCOS MEDICAL OFFICES

400 Craven Road Building 3, 1st Floor San Marcos CA,92078

(833)-242-8500

Mon- Fri: 10:00 am - 8:00 pm Sat- Sun: 9:00 am - 5:00 pm

CONCENTRA

740 Nordahi Rd., Suite 131 San Marcos, CA 92069

(760)432-9000

Mon- Fri: 8:00 am - 8:00 pm Sat - Sun: 8:00 am - 5:00 pm

UCSD MEDICAL CENTER UTC/LA JOLLA

8899 University Center Lane, Ste 160 San Diego CA, 92122 (858) 657-1600 8:00 am - 4:00 pm (call ahead of time)

UCSD MEDICAL CENTER Thornton Hospital

*After Hours Care 9300 Campus Point Drive, La Jolla CA, 92037 (858) 657-7612

CONCENTRA

10350 Barnes Canyon Rd, Ste 200 San Diego CA, 92121 (858) 455-0200 8:00 am - 4:00 pm

CONCENTRA

7590 Miramar Road, Ste C San Diego CA, 92126 (858) 549-4255 8:00 am - 4:00 pm

SHARP REES- STEALY SORRENTO MESA

10243 Genetic Center Dr San Diego CA, 92121 (858) 526-6150 8:00 am - 4:00 pm *AFTER HOURS URGENT CARE (858) 526-6100 Mon-Fri: 5:00 pm - 8:00 pm

Sat-Sun: 8:00 am - 8:00 pm

CONCENTRA

3910 Vista Way, Suite 106 Oceanside, CA 92056 (760)-941-2000 Mon- Fri: 8:00 am - 5:00 pm

CONCENTRA

5810 El Camino Real, Suite A Carlsbad, CA 92008 (760) 929-8269 Mon- Fri: 8:00 am - 5:00 pm

CONCENTRA

860 West Valley Parkway, Suite 150 Escondido, CA 92025 (760) 740-0707

Mon- Fri: 8:00 am - 5:00 pm

SOUTH BAY COUNTY

KAISER ON-THER-JOB OTAY MESA

4650 Palm Ave Building 2, 2nd Floor San Diego CA, 92154 833-242-8500

Mon-Fri: 9:00 am - 5:00 pm

OTAY MESA MEDICAL OFFICES

4650 Palm Ave Building 1 San Diego CA, 92154 833-242-8500 9:00 am - 9:00 pm 7 days a week